

## **The Willmore conjecture and minimal surfaces**

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### **Abstract:**

In 1965, T. J. Willmore conjectured that the integral of the square of the mean curvature of any torus immersed in Euclidean three-space should be at least  $2\pi^2$ . In this talk I will discuss a solution to the Willmore conjecture that uses the min-max theory of minimal surfaces. This is joint work with Andre Neves.